## O&G SRMO HANDBOOK

**PVOGS NSW** 

2023



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#### **Disclaimer**:

This handbook is a collection of information developed by the PVOGS NSW Council which collates information gathered from current SRMOs, registrars, consultants and publicly available information from health data, RANZCOG and the AMA.

This handbook is not endorsed by any of these organisations or any of the hospitals mentioned herein. Despite our best efforts, PVOGS NSW cannot guarantee the accuracy of any information contained in the handbook and is not responsible for the result of any errors.

While we have tried to make the guide as exhaustive as possible, some hospitals have not provided info and have not been included in the guide.



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### Introduction.

Welcome to the 2023 SRMO Jobs Guide! This guide aims to help junior doctors navigate the SRMO and unaccredited registrar jobs on offer in NSW for 2024.

We would like to acknowledge the current and previous PVOGS NSW council members, whose work has significantly contributed to this handbook.

Finally, none of our initiatives would be possible without the kind support of our partners RANZCOG and PVOGS ANZ and our sponsors.











### PVOGS.

The Pre-vocational Obstetrics and Gynaecology Society (PVOGS) is a national organisation that aims to support medical students and junior doctors pursue their passion for Women's Health. We engage people who want to enter GP training with a focus on Women's Health, those hoping to undergo the Fellowship of the Royal Australian & New Zealand College of O&G (FRANZCOG) training program, or anyone with a special interest in O&G.

PVOGS NSW has many exciting events planned for 2023; from educational workshops, skills nights, online webinars, subspeciality speaker nights, galas and more!

If you would like to be kept up to date will all our projects, you can find us on the following social media

platforms

- © @PVOGS.NSW
- facebook.com/PVOGS.

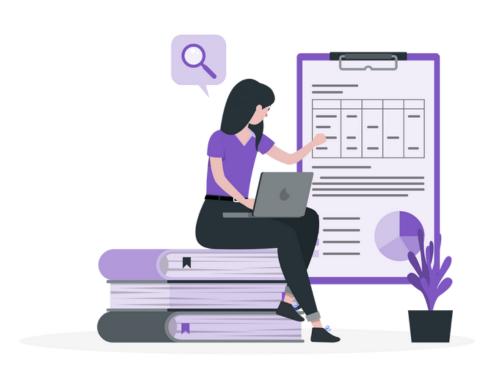


### What's Inside.



#### **HOSPITALS AT A GLANCE**

Individual hospital information on SRMO and unaccredited registrar numbers for 2024, along with a snapshot of each hospital can be found in Part 2 of this guide.



### INFORMATION ON FRANZCOG APPLICATIONS

An overview of FRANZCOG application dates, the application process and the role of SRMO jobs in this process can be found in Part 3 of this guide.



#### CWH/DRANZCOG AVALIABILITY

With the inclusion of the CWH/DRANZCOG certificates in the FRANZCOG CV Scoring Criteria, it's useful to understand which hospitals offer these, this can be found in Part 2 of this guide.



#### AMA/ASMOF HOSPITAL GRADING

The wellbeing of junior doctors can be greatly impacted by their place of work. The AMA/ASMOF Hospital Health Check, assesses the wellbeing of Doctors-in-training at each hospital based on their experiences across rostering, overtime, leave, unacceptable behaviour, sick leave and hospital facilities and has been incorporated into Part 2 of this guide.



### Goals for this Guide

This guide aims to equip you with the info needed to plan your life as a prevocational doctor in O&G.

01. Introduction

- Introduction to PVOGS
- What is inside this guide
- Guide Goals
- From one aspiring
   OBGYN to another

02. Hospital Summary

- Up to date information on O&G SRMO & unaccredited registrar job availability for 2024
- What each hospital offers and what do their roles entail

03.
FRANZCOG
Application

- Help you understand and prepare for the FRANZCOG application process
- Over view of FRANZCOG application dates

#### Why and How This Handbook was Made?

In 2018, the PVOGS NSW team discovered that little information was available about SRMO and unaccredited registrar jobs in Obstetrics & Gynaecology. This spurred many months of data generation by both council and executive members, who gathered information from SRMO's, hospital staff and registrars about their respective networks. All of this was collated in the form of an SRMO Handbook, and the first edition was born. With the exception of a few additional metrics, we have stayed true to this approach.

### Letter from the Chair

The Pre-Vocational Obstetrics and Gynaecology Society (PVOGS) NSW is excited to bring you this book, which hopefully will be a much-loved resource for all residents applying for O&G SRMO jobs in 2023. Whether you want to get onto the RANZCOG training program, are looking to become a GP and want experience in obstetrics and gynaecology, or just have an interest in women's health, we wish you the very best with your job applications and are here to help if you have any outstanding questions.

We have aimed to include rural and metropolitan hospitals, and we hope that we have represented each hospital well. Rural positions offer a wealth of training opportunities and I strongly encourage you to consider applying for one of these positions. A rural year will help with upskilling, boost your RANZCOG application points, and provides excellent opportunities for developing strong relationships with colleagues and mentors.

I am only junior, but I've found this career to be incredibly rewarding in terms of the patients and colleagues I am lucky enough to work with, and our team cannot wait to see you on the wards.

Special thanks to the PVOGS NSW team and the hospital SRMOs who helped make publishing this book possible. We hope to see you at our next event, and in the meantime follow us on Instagram (PVOGS\_NSW) to discover more opportunities to get involved with obstetrics and gynaecology.

Verity Chadwick
PVOGS NSW

Chair

Muele



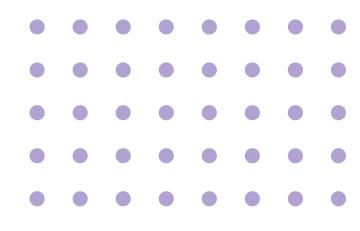
# PART 2. HOSPITALS

#### PART 2A. SYDNEY BASED HOSPITALS

- Bankstown Hospital
- Blacktown Hospital
- Campbelltown Hospital
- Hornsby Hospital
- Liverpool Hospital
- Northern Beaches Hospital
- Nepean Hospital
- Royal Hospital for Women
- Royal North Shore Hospital
- Royal Prince Alfred Hospital
- St. George Hospital
- Westmead Hospital

#### PART 2B. REGIONAL BASED HOSPITALS

- Coffs Harbour Hospital
- Dubbo Base Hospital
- Gosford Hospital
- John Hunter Hospital
- Lismore Base Hospital
- Port Macquarie Base Hospital
- Wagga Wagga Base Hospital
- Wollongong Hospital



	Bankstown	Blacktown	Campbell town	Hornsby	Liverpool	Nepean	Northern Beaches	Royal Hospital for Women	Royal North Shore	Royal Prince Alfred	St. George	West mead
SRMO Positions 2023	4	6	4	1	5	5	0	11	5	8	6	10
Unaccredited registrar Positions	3	9	0	2	11	5	4	0	1	3	0-1	2-3
Deliveries	1,800	3,700	4,000	800-900	3,600	4,000	1,700	3,500- 4,000	2,700	4,000	2,500	5,000
Hospital Grade	С	С	С	Α	В	С	В	С	С	С	В	С
Level of Maternity Service	4	5	5	4	6	6	5	6	6	6	5	6
JMO/RMO rotation	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ
Certificate of Women's Health	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ
DRANZCOG	Υ	Υ	Υ	Υ	Υ	Υ	N	Υ	N	N	Υ	Υ
DRANZCOG Adv	N	Υ	Υ	Υ	Υ	у	N	Υ	N	N	Υ	Υ
Satellite Hospitals	N	Υ	Υ	Υ	Υ	Υ	N	N	Υ	Υ	Υ	Υ

	Coffs Harbour	Dubbo	Gosford	John Hunter	Lismore	Port Macquarie	Wagga Wagga	Wollongong
SRMO Positions 2023	1	1	2	8	0	0	2	5-6
Unaccredited registrar Positions	3	2	3	6	2	2	3-5	3
Deliveries	1,100	1,300	3,500	4,000	1,300	900	1,400	2,500
Hospital Grade	В	В	В	С	С	В	В	С
Level of Maternity Service	4	5	5	6	5	4	5	5
JMO or RMO Rotation	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ
Certificate of Women's Health	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ
DRANZCOG	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ
DRANZCOG Adv	Υ	Υ	Υ	Υ	Υ	Υ	Υ	Υ
Satellite Hospitals	Υ	Υ	Y	Y	N	Υ	Υ	Y





## BANKSTOWN HOSPITAL



**Bankstown - Lidcombe Hospital** 

Eldridge Rd, Bankstown NSW 2200





#### **Sophie Putt**

PVOGS NSW Communications Officer <a href="mailto:communications.nsw@pvogs.org">communications.nsw@pvogs.org</a>



4

SRMO Positions 3

Unaccredited Registrar Positions 1,800

**Deliveries** 

#### **Offers:**

- JMO O&G Rotation
- Certificate of Women's Health
- DRANZCOG

#### **Does not offer:**

- DRANZCOG Advanced
- No satellite hospitals

#### <u>Working at Bankstown Hospital</u>

- Busy centre with good exposure to a variety of Obstetric and Gynaecology cases
- Fewer junior position, allowing for the opportunity to grow close relationships with the department
- Opportunity to upskill as SRMO/unaccredited registrar
- Supportive Department which accommodate part time work and maternity leave



## BLACKTOWN HOSPITAL



#### **Blacktown Mount Druitt Hospital**

18 Blacktown Rd, Blacktown NSW 2148





#### **Sophie Putt**

PVOGS NSW Communications Officer <a href="mailto:communications.nsw@pvogs.org">communications.nsw@pvogs.org</a>



6

SRMO Positions 9

Unaccredited Registrar Positions 3,700

**Deliveries** 

#### Offers:

- JMO O&G Rotation
- Certificate of Women's Health
- DRANZCOG
- DRANZCOG Advanced

#### **Rotations:**

- SRMOS: 10 Week rotations through each of EPAS, obstetrics, nights, clinics and relief cover
- Unaccredited: 13 weeks of Nights, remainder of the year working across clinics, ward, birthing unit, operating lists

#### Working at Blacktown Hospital

- Large and growing maternity service with 4000 births
- Three hours of protected teaching per week
- Assigned supervisor to over see training and training needs
- Positions appropriate for those wishing to either enter RANZCOG or to pursue GP training with an interest in women's health
- Structured preparation programs for those sitting interview for the RANZCOG training program
- Supportive Department with high level of consultant supervision
- Participation in clinical audits for those wishing to gain CV experience



## CAMPBELLTOWN HOSPIT



**Campbelltown Hospital** 

Therry Rd, Campbelltwon NSW 2560



Level of Maternity Service



**Dr Sophie Berkemeier** 

Consultant Obstetrician Gynaecologist Campbelltown Hospital



4

SRMO Positions

- 2x 12 Months
- 2x 6 months O&G,
   6 months paeds

0

Unaccredited Registrar Positions

Have already been recruited for 2023/2024 on a 2 year contract

4,000

**Deliveries** 

#### Offers:

- RMO O&G Rotation
- Certificate of Women's Health
- DRANZCOG
- DRANZCOG Advanced

#### Working at Campbelltown Hospital

- Campbelltown is a busy hospital with a large number of births and high risk patient population. The specialists are very hands on and supportive. During the day there would be at least 3 Staff Specialists covering different areas within O&G including BU, ward, emergency/ on call/ OT, EPAS and FMAU. After hours the VMOs/ staff specialists will attend handover and ward rounds. They are very approachable and supportive.
- During the SRMO and unaccredited year the junior doctor would rotate through all areas including ANC, Gynae clinics, EPAS and FMAU (where ultrasound skills may be developed), caesarean lists, birthing unit, on call Gynae Reg (learn how to do D&Cs, marsupialisations).
- Depending on how keen the SRMO or unaccredited registrar is and whether they want to attain DRANZCOG they may be able to assist or attend gynae lists.
- Involvement in research and teaching of medical students from WSU as well as presenting in M&M and QA meetings (including CTG, Caesarean section and IOL meetings).
- Interview practice for applying to college provided by consultants and advanced trainees.
- Duration of the 12 months is spent at Campbelltown



## HORNSBY HOSPITAL



#### Hornsby Ku-ring-gai Hospital

Palmerston Rd Hornsby NSW 2077





#### **Sophie Putt**

PVOGS NSW Communications Officer <a href="mailto:communications.nsw@pvogs.org">communications.nsw@pvogs.org</a>



SRMO Positions 2

Unaccredited Registrar Positions 800-900

**Deliveries** 

#### **Offers:**

- RMO O&G Rotation
- Offers Certificate of Women's Health
- DRANZCOG
- DRANZCOG Advanced

#### **Working at Hornsby Hospital**

- Small, well-supported department with direct consultant supervision
- Exposure to general O&G and high risk obstetrics, offering VBACs and other high risk obstetrics care that other level 4 units may not offer
- Dedicated C-section and gynaecology lists with consultant supervision to improve surgical skills
- Good opportunity to take on more responsibility by managing delivery ward and ED consults with on-site consultant supervision or off-site supervision during after-hours/night shifts
- Weekly teaching sessions with consultant input
- Interview preparation through Royal North Shore Hospital with regular formal interview preparation and practice sessions



## LIVERPOOL HOSPITAL



#### **Liverpool Hospital**

75 Elizabeth Street, Liverpool, NSW 2170



#### **Rebecca Chou**

PVOGS NSW Council Liverpool Hospital Representative bec.chou97@gmail.com



B AMA HOSPITAL HEALTH

**CHECK GRADE** 

5

SRMO Positions 11

Unaccredited Registrar Positions 3,600

Deliveries

#### Offers:

- JMO O&G Rotation
- Certificate of Women's Health
- DRANZCOG
- DRANZCOG Advanced

#### **Satellite Hospital:**

- Fairfield
- Tweed Heads
- Bankstown
- Gosford
- Campbelltown

#### **Working at Liverpool Hospital**

- Excellent education sessions
- Foetal maternal unit and high risk obstetrics available
- Many clinics available
- Urogynaecology specialists onsite
- Involved with UNSW and Western Sydney University Medical Students



## NEPEAN HOSPITAL

#### **Nepean Hospital**



Derby Street, Kingswood NSW 2747

**Melissa Alim** 

## Level 6

Level of Maternity Service



PVOGS NSW Council Nepean Hospital Representative <u>alim.melissa@gmail.com</u>



5

SRMO Positions 5

Unaccredited Registrar Positions 4,000

**Deliveries** 

#### <u>Offers:</u>

- RMO O&G Rotation
- Certificate of Women's Health
- DRANZCOG
- DRANZCOG Advanced

#### **Satellite Hospital:**

- Blue mountains Hospital (3 months with registrar responsibilities)
- 300 Deliveries

#### Working at Nepean Hospital

- Excellent supervision and hands on Delivery Suite experience
- Rostered time on Caesarean lists
- Regular protected teaching sessions
- Organized interview preparation
- Exposure to Gynae, Urogynae, High Risk Obstetrics Teams as part of team structure)
- Estimated date of information night: 04/07/2023



## NORTHERN BEACHES HOSP.

#### **Northern Beaches Hospital**



105 Frenchs Forest Rd W, Frenchs Forest NSW 2086





#### **Katie Ryan**

PVOGS NSW Logistics

logistics.nsw@pvogs.org



SRMO Positions 4

Unaccredited Registrar Positions 1,700

**Deliveries** 

#### Offers:

RMO O&G Rotation

#### **Satellite Hospital:**

Nil

#### Working at Northern Beaches Hospital

- Wonderful team with supportive environment
- Interesting mix of obstetrics and gynecology
- Great facilitates with purpose built birthing rooms
- Opportunity to run birthing unit with close support
- Support during RANZCOG ITP application and interview prep
- Wide variety of gynecology operating, including public and private patients



## ROYAL HOSPITAL FOR WOMEN



#### **Royal Hospital For Women**

Located in the Prince of Wales Hospital Barker St, Randwick NSW 2031



#### Ricci Amoils Kimberly Nguyen

PVOGS NSW Council
Prince of Wales
Hospital Representative
amoils.ricci@gmail.com
kimberlykim.nguyen@health.nsw.gov.au





11

SRMO Positions 0

Unaccredited Registrar Positions 3,500-4,000

**Deliveries** 

#### Offers:

- RMO O&G Rotation
- Certificate of Women's Health
- DRANZCOG
- DRANZCOG Advanced

#### **Rotations:**

5x 10-11 week terms in:

- Obstetrics, Gynaecology
- Gynae-Oncology
- Nights
- Evenings/Relief, Relief
- Newborn Care
- Coffs Harbour

#### Working at Royal Hospital for Women

- Protected teaching every Friday 2-4pm
- Regular interview training for RANZCOG applications
- Supportive culture
- Emphasis on wellbeing ++ with many social events e.g. team dinners, sporting events
- Lots of opportunities to participate in OT with designated Caesarean lists with consultants, gynae lists, gynae onc
- Only the occasional after hours evenings shift (as there is an evenings SRMO cover)
- Weekend shift every 2-3 weeks 14 -



## ROYAL NORTH SHORE HOSPITAL

#### **Royal North Shore Hospital**



Reserve Rd, St Leonards NSW 2065

#### Bianca Tellis Sen Lessem



PVOGS NSW Council Royal North Shore Hospital Representative <u>biancatellis@hotmail.com</u> <u>senlessem@gmail.com</u>

## Level 6

Level of Maternity Service



5

SRMO Positions 1

Unaccredited Registrar Positions 2,700

**Deliveries** 

#### **Offers:**

- JMO O&G Rotation
- Certificate of Women's Health

#### **Does not offer:**

- DRANZCOG
- DRANZCOG Advanced

#### <u>Working at Royal North Shore Hospital</u>

- Busy centre with good exposure to a variety of Obstetric and Gynaecology cases
- Fewer Junior position, allowing for the opportunity to grow close relationships with the department
- Opportunity to upskill as SRMO/unaccredited registrar
- Supportive Department which accommodate part time work and maternity leave



## ROYAL PRINCE ALFRED HOSPITAL

#### **Royal Prince Alfred Hospital**



50 Missenden Rd, Camperdown NSW 2050

#### **Charlotte Haunton Sarah McLennan**



PVOGS NSW Council
Royal Prince Alfred
Hospital Representative
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3

Unaccredited Registrar Positions

## Level 6

Level of Maternity Service



4,000

**Deliveries** 

#### **Offers:**

- JMO & RMO O&G Rotation
- Certificate of Women's Health

#### **Does Not Offer:**

**SRMO** 

**Positions** 

- DRANZCOG
- DRANZCOG Advanced

#### **Rotations:**

- NICU
- EPAS
- Gynaecology & Gynae Oncology
- High Risk Obstetrics
- Nights
- Satellite Hospital Canterbury

#### <u>Working at Royal Prince Alfred Hospital</u>

- So many high risk, fascinating cases with lots of interesting pathology
- Really fun, supportive and motivated team
- Great teaching happens every Wednesday morning for a 1.5 hours on different topics by experts, with some Journal club/CTG practice thrown in
- NICU term is high yield, because you never know, one day you may have to resuscitate that baby you deliver
- You are doing consults alone, but always supported by reg's/fellows/consultants - so you can always bounce ideas
- Research seminar yearly where everyone presents the research project they've done



## ST GEORGE HOSPITAL



#### **St George Hospital**

Gary St, Kogarah NSW 2217



#### **Bonnie Zhu**

PVOGS NSW Council St George Hospital Representative bonniezzhu@gmail.com



Level of Maternity Service



6

SRMO Positions 0-1

Unaccredited Registrar Positions

 Located at Sutherland Hospital 2,500

**Deliveries** 

#### **Offers:**

- JMO O&G Rotation
- Certificate of Women's Health
- DRANZCOG
- DRANZCOG Advanced

#### **Rotations:**

- One SRMO rotates to Sutherland Hospital each term
- No dedicated rotations while at SGH, instead SRMOs work across all areas throughout each week

#### <u>Working at St George Hospital</u>

- Supportive and approachable department, keen to assist in applying for training with excellent teaching and research opportunities
- More hands on experience due to less SRMOs than most networks
- Dedicated SRMO Caesarean list supervised by senior registrar from first week
- Rapid skill development SRMO's are encouraged to do independent ED consults, reviews, special care nursery rounds and high-risk obstetrics with supervision always available
- Exposure to subspecialities such as MFM, gynae-oncology and urogynaecology
- Overtime generally paid
- RANZCOG interview preparation



## WESTMEAD HOSPITAL

#### **Westmead Hospital**

A

Cnr Hawkesbury Rd and Darcy Rd, Westmead NSW 2145

#### Judy Chen Shannon Gao



PVOGS NSW Council
Westmead
Hospital Representative
judy.chen2603@gmail.com
shannongao98@gmail.com

## Level of Maternity Service



10

SRMO Positions 2-3

Unaccredited Registrar Positions 5,000

**Deliveries** 

#### Offers:

- JMO O&G Rotation
- Certificate of Women's Health
- DRANZCOG
- DRANZCOG Advanced

#### **Rotations:**

- Gynaecology & Gynae Oncology
- MFM
- Obstetrics
- Nights (3 months, week on, week off)
- Relief
- Satellite Hospital Auburn Hospital

#### <u>Working at Westmead Hospital</u>

- Busy unit with lots of support
- Access to subspecialities
- Exposure to very interesting pathology
- Dedicated SRMO teaching & ITP application program assistance
- 1-2 overtime shifts per week





## COFFS HARBOUR HOSPITAL



#### **Coffs Harbour Hospital**

345 Pacific Hwy, Coffs Harbour NSW 2450



Level of Maternity Service



#### **Sophie Putt**

PVOGS NSW Communications Officer <a href="mailto:communications.nsw@pvogs.org">communications.nsw@pvogs.org</a>



1

SRMO Positions 3

Unaccredited Registrar Positions 1,100

**Deliveries** 

#### Offers:

- JMO O&G Rotation
- Certificate of Women's Health
- DRANZCOG
- DRANZCOG Advanced
  - with HETI Funding

#### <u>Satellite Hospitals</u>

- Macksville District Hospital
- Baringa Private Hospital

#### Working at Coffs Harbour Hospital

- Amazing lifestyle with a costal rural location, which also adds a point to training program
- Staff specialist & 2x ITP registrars provide good support to registrars and teaching programs
- Urogynae and advanced laparoscopic fellows available
- Brand new facilities, attached to NSW rural medical school
- Unaccredited registrars are able to gain exposure to elective gynae lists as well as gynae outpatient clinics



## DUBBOBASE



**Dubbo Base Hospital** 

Myall St, **DubboNSW** 2830





**Sophie Putt** 

PVOGS NSW Communications Officer communications.nsw@pvogs.org



**SRMO Positions** 

Unaccredited Registrar Positions 1.300

**Deliveries** 

#### **Offers:**

- JMO O&G Rotation
- Certificate of Women's Health
   Westmead Hospital
- DRANZCOG
- DRANZCOG Advanced

#### **Satellite Hospitals**

- Maitland Hospital

#### <u>Working at Dubbo Base Hospital</u>

- Major rural birthing unit, performing the major surgeries for the region, opportunities to further interest in rural medicine
- O&G exposure is very good and SRMOs are encouraged to take initiative, with all registrars working closely together
- Opportunity to provide healthcare to a large indigenous population
- Expectation to do 3 on call shifts per fortnight, equating to 24 hour shift



## GOSFORD HOSPITAL



#### **Gosford Hospital**

75 Holden St, Gosford NSW 2250



Level of Maternity Service



#### **Alyssa Barton**

PVOGS NSW
Communications Officer
<a href="mailto:communications.nsw@pvogs.org">communications.nsw@pvogs.org</a>



2

SRMO Positions 3

Unaccredited Registrar Positions 3,500

Deliveries

#### Offers:

- JMO O&G Rotation
- Certificate of Women's Health
- DRANZCOG
- DRANZCOG Advanced

#### **Satellite Hospital:**

 Wyong Hospital (however a majority of the year is spent at Gosford Hospital)

#### **Working at Gosford Hospital**

- Gosford has a reputation amongst trainees for being a unit where accelerated learning occurs.
- Relative to other units, trainees get excellent hands-on experience with both obstetric procedures and gynaecological surgery.
- The unit has an excellent formal teaching curriculum including a weekly half day teaching session, monthly laparoscopic simulator and simulation lab for obstetric emergencies.
- The Central Coast is a fantastic place to live with a laid-back coastal lifestyle, stunning beaches and national parks to explore and fantastic amenities. You won't want to leave.



## JOHN HUNTER HOSPITAL

#### **John Hunter Hospital**



Lookout Rd, New Lambton NSW 2305

## Level 6

Level of Maternity Service



#### **Lynette Griffiths**

PVOGS NSW Council
John Hunter Hospital
Hospital Representative
<a href="mailto:lynette.v.griffiths@gmail.com">lynette.v.griffiths@gmail.com</a>



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#### SRMO Positions

- 5-6 at JHH
- 1 at Maitland1 at Taree

6

#### Unaccredited Registrar Positions

- 4 at JHH
- 1 at Maitland
- 1 at Tamworth

4,000

**Deliveries** 

#### Offers:

- JMO & RMO O&G Rotation
- Certificate of Women's Health
- DRANZCOG
- DRANZCOG Advanced

#### **Satellite Hospital:**

- Maitland 6 months
- Taree (Manning Base) 4 months

#### Working at John Hunter Hospital

- Very busy level 6 maternity service with a vast catchment area. Every day you are exposed to interesting and unique cases.
- A great opportunity to manage Day Stay and become proficient in common obstetric presentations
- The team is very close and supportive with regular social events.
- You are paid for 100% of the overtime that you work
- Weekly registrar teaching, journal club and now CTG teaching
- One of the only public hospitals in NSW that offers surgical terminations
- Research opportunities with Hunter Medical Research Institute (HMRI)
- At Maitland/Taree, work on the registrar roster and get the opportunity to upskill enormously in a supportive environment (including 1-1 CS lists)
- The lifestyle in Newcastle is fabulous! Great beaches, cafes and restaurants without the city chaos



## LISMORE BASE HOSPITAL



#### **Lismore Base Hospital**

60 Uralba St, Lismore NSW 2480





#### **Sophie Putt**

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SRMO Positions 2

Unaccredited Registrar Positions 1,300

Deliveries

#### Offers:

- JMO O&G Rotation
- Certificate of Women's Health
- DRANZCOG
- DRANZCOG Advanced

#### Working at Lismore Base Hospital

- Small knit community
- Very good support systems
- Variety of presentations, less specialised so you get access to a lot of presentation
- Socio-economic difference which provides richness in your O&G experience



## PORT MACQUARIE BASE HOSPITAL



#### **Port Macquarie Base Hospital**

Wrights Rd, Port Macquarie NSW 2444



#### **Dr Fiona Leslie**

Director of Obstetrics and Gynaecology Port Macquarie Base Hospital



Level of Maternity Service



SRMO Positions 2

Unaccredited Registrar Positions 900

**Deliveries** 

#### **Offers:**

- JMO O&G Rotation
- Certificate of Women's Health
- DRANZCOG
- DRANZCOG Advanced

#### **Satellite Hospitals:**

- Kempsey District Hospital
- Wauchope

#### Working at Port Macquarie Base Hospital

- Port Macquarie is a very well supported Level 4 Maternity
   Service
- 24 hour on site cover
- Excellent consultant support and structured teaching
- Registrars are involved in teaching of UNSW medical students
- Great mixture of general Obs and Gyn experience
- Great lifestyle and beaches



## WAGGA WAGGA



#### Wagga Wagga Base Hospital

Docker St, Wagga Wagga NSW 2650



#### **Karina Brown**

**PVOGS NSW Council** Wagga Wagga Hospital Representative karina.brown1@outlook.com



Level of Maternity Service



**SRMO Positions** 

Unaccredited Registrar Positions

- 3 O&G Focused

**Deliveries** 

#### Offers:

- JMO O&G Rotation
- Certificate of Women's Health
   DRANZCOG Advanced
- DRANZCOG

#### Working at Wagga Wagga Base Hospital

- Day-to-day rotations between OT lists, birthing unit, nights, and various clinics
- Exposure to general and high-risk obstetrics with a SCN catering for babies from 32 weeks
- Very large rural catchment area with broad exposure to pathology
- Close-knit unit with opportunity to upskill and develop close relationships with colleagues
- SRMOs participate in registrar roster including dedicated caesarean and gynae theatre lists with consultant supervision
- Teaching opportunities we have affiliated students both from UNSW & Notre Dame Rural clinical schools.



## WOLLONGONG HOSPITAL



#### **Wollongong Hospital**

Loftus St, Wollongong NSW 2500



#### **Sophie Putt**

PVOGS NSW Communications Officer <a href="mailto:communications.nsw@pvogs.org">communications.nsw@pvogs.org</a>





5-6

SRMO Positions 3

Unaccredited Registrar Positions 2,500

**Deliveries** 

#### Offers:

- RMO O&G Rotation
- Certificate of Women's Health
- DRANZCOG
- DRANZCOG Advanced

#### Working at Wollongong Hospital

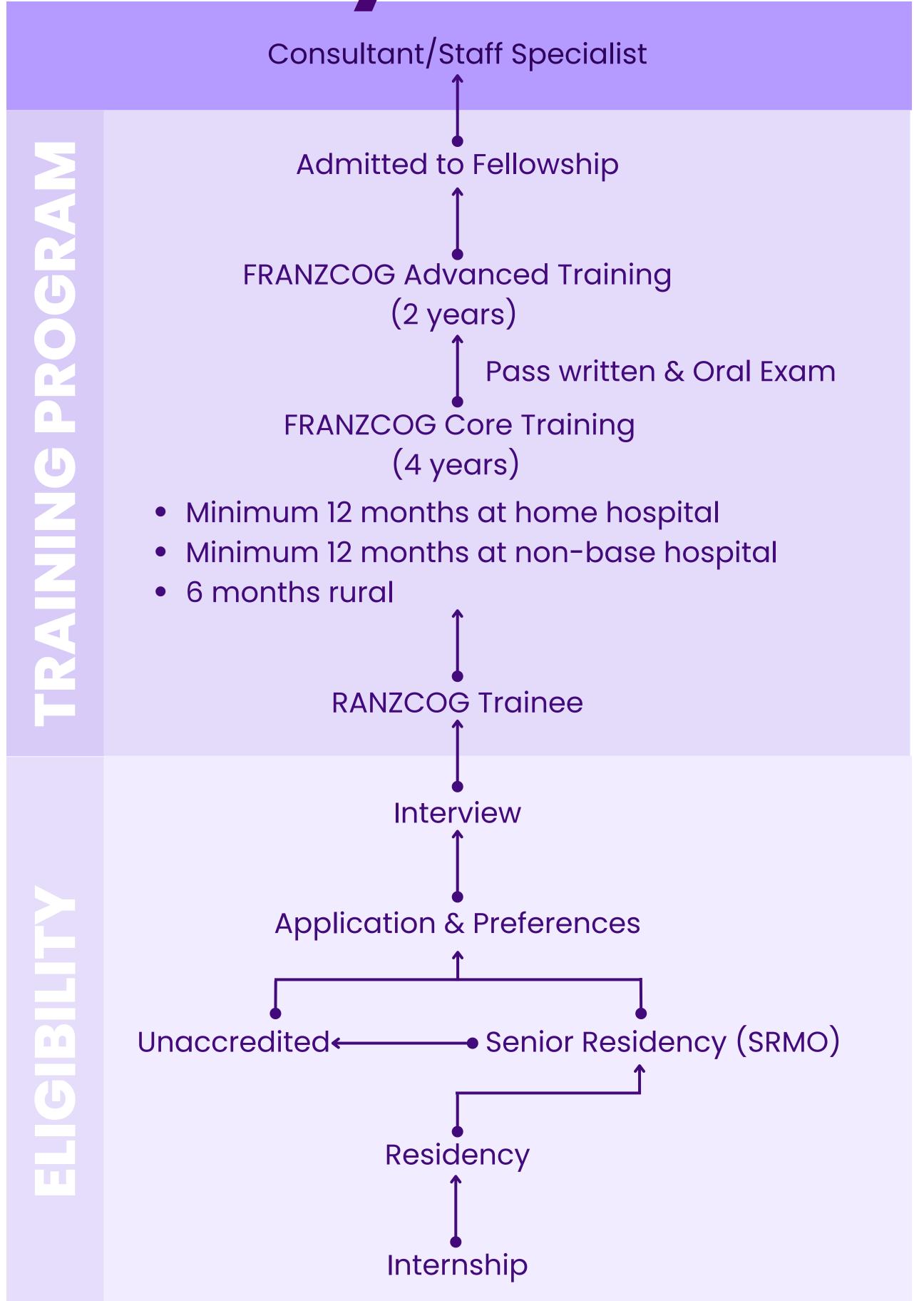
- 5-6 SRMO positions with option to do 6 months O&G and 6 months of paediatrics
- Great location
- Good training program
- Good support for trainees
- Excellent team

# PART3 FRANZCOG APPLICATIONS

- Pathway to O&G
- FRANZCOG Applications Key points
- Application Components
- Application Summary
- Prevocational Pathway (PVP)
- Application Timeline



Pathway to O&G.





# FRANZCOG Applications.

Below are some of the important points to keep in mind when applying to FRANZCOG

01.

SRMO POSITIONS & FRANZCOG APPLICATIONS 02.

PHASE 1 VS PHASE 2

### SRMO Positions and FRANZCOG <u>Application</u>

- Clinical experience has become one of the most heavily weighted components of her CV (15/57)
- SRMO jobs are therefore an excellent way to build this aspect of your application
- Likewise dedicating yourself to a single health network for 12 months is an excellent way to seek out mentors and develop the references needed for entry

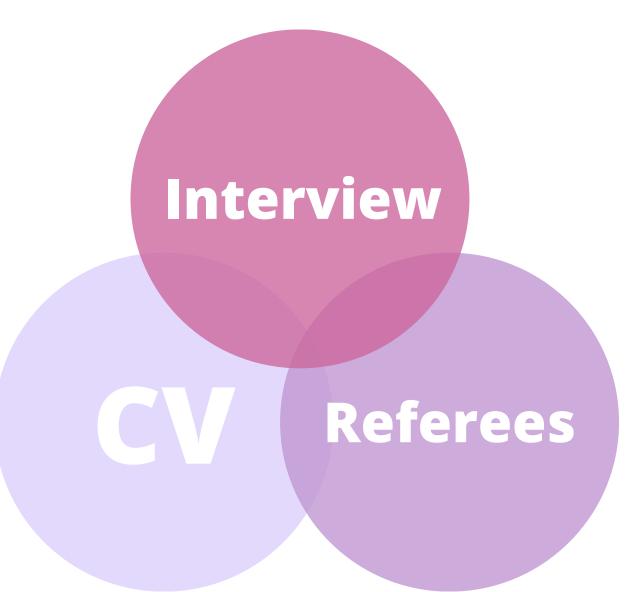
### Phase 1 vs. Phase 2 Training Positions

- Positions are divided into phase 1 and phase 2, depending on the location of the training position.
- Note if offered a phase 1 position, applicants will not be considered for a phase 2 position
- Phase 1: Regional Integrated
   Training program (RITP) or
   Integrated Training Program (ITP)
- Phase 2: Applicants preference up to 3 of the remaining Australian states/territories

Australia had 207 applicants, of which 88 were offered a training position for the 2022 Training Year

• NSW & ACT (33), QLD (15), SA & NT (4), Tas (2), Vic (27), WA (7) More information can be found on RANZVOG'S training page

# Application Components.



CV

Referees

Based on a number of components including;

- Clinical Experience
- AcademicExcellence/awards
- Research
- Professional development
  - o PVP
  - Qualifications
- Rurality/Indigenous
   Identity
- Outstanding leadership/ altruism

For more information visit RANZCOG'S <u>CV</u>

<u>Application Scoring</u>

<u>Guideline</u>

Required to provide up to 4 referees. Referees should include;

- 2 Diplomates or Fellows of RANZCOG or PGDipOMG
- Other consultants who are fellows of either AUS or NZ medical colleges may be used.
- Institutional
   References (AUS
   only) will be
   requested where
   applicants have
   spent >6months in
   Prevocational O&G
   position

#### Interview

- Selection Interviews in 2023 will be conducted online.
- Similar to the previous 3 years and detailed guides will be provided to shortlisted applicants
- Successful applicants are interviewed in their state of preference (Phase 2)
- Interviews for Phase 1:
  - ITP Newcastle
  - RITP Dubbo
  - RITP Orange
- The above 3 will be held in NSW. ACT interviews may be held in ACT or NSW

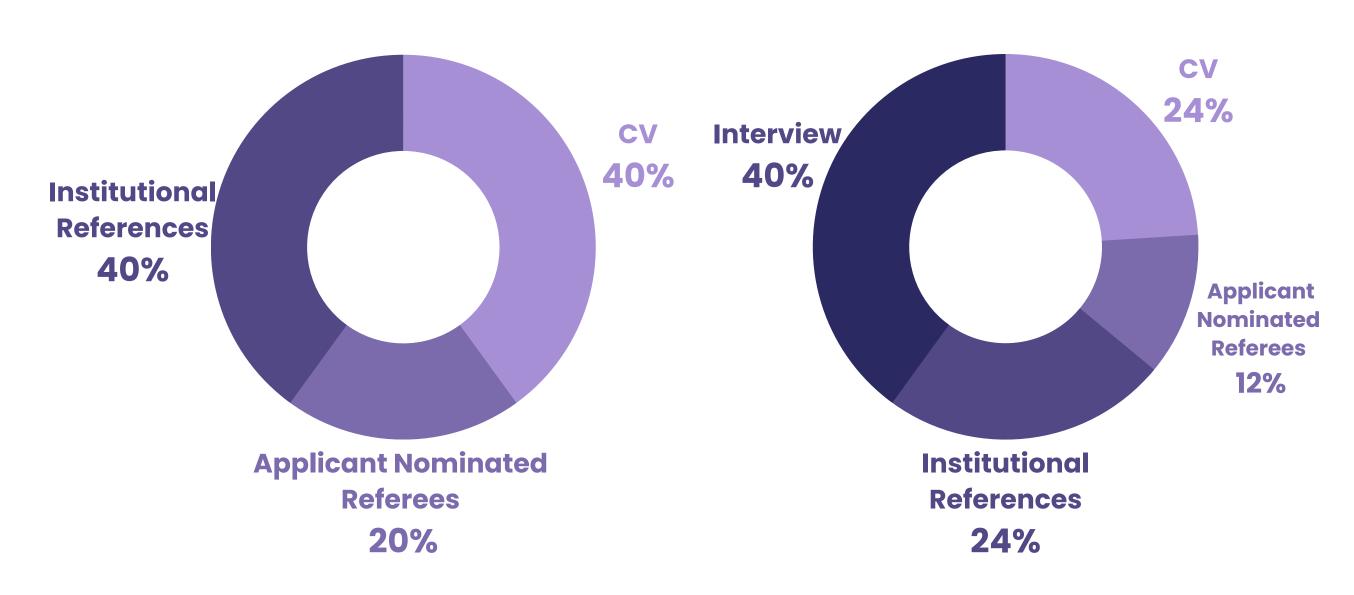
Note: From PGY3+, you may only apply a total of 3 times



# Application Summary (AUS)

#### **Selection for Interview**

#### **Selection for Position**



### HOSPITALS WITH DEDICATED ITP TRAINING SITES

- Liverpool Hospital
- Nepean Hospital
- Royal Hospital for Women
- Royal North Shore Hospital
- Royal Prince Alfred Hospital
- John Hunter Hospital
- Dubbo/Orange
- St George Hospital
- Westmead/Blacktown Hospital



SE	CT	IONS I	POINTS
•	Cli	nical experience	18
		SRMO	
	0	experience outside of O&G	
•	Aco	ademic Excellence and Awards	8
	0	Dux of medical school	
	0	1st in O&G	
	0	Medical school awards	
•	Res	search	
	0	PhD	3
	0	1st author publications & presentati	ons
•	Pro	ofessional	
	0	CWH	6
	0	PVP	
	0	PD courses	
•	Rur	ality and Indigenous identity	
•	Ou	tstanding Leadership and Altruism	15
	0	PVOGS ANZ, AMA	11
	0	Volunteering on at least 20 occasion	ons

# Prevocational Pathway (PVP).

In 2019, RANZCOG added the Prevocational Pathway (PVP) to the CV scoring criteria, and completion of this brings with it 6 CV points.

- To apply for the PVP, you must first complete the Certificate of Women's Health
- The Certificate of Women's Health (CWH) involves:
  - Completion of workshops (on Foetal Surveillance,
     Neonatal Resuscitation and Basic Obstetrics Skills)
  - Completion of a logbook (which requires O&G clinical experience over a 3 month period or more)
  - CWH Examination (MCQ exam)
- Completing the PVP then involves having completed a number of O&G workshops and online modules.

#### What can you do to start?

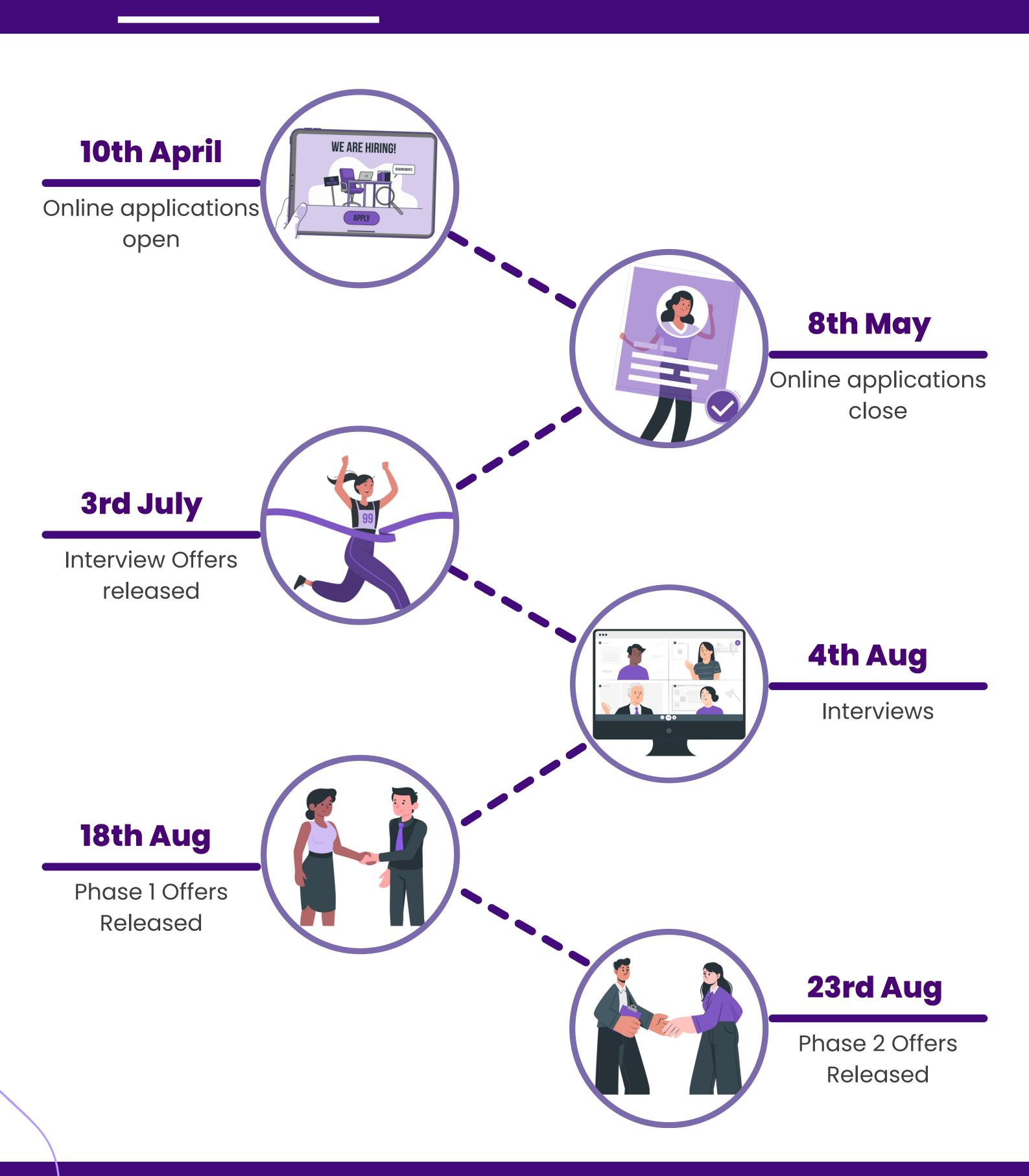
- 1. Register for approved workshops
  - Normally held only 1-2 times throughout the year.
- 2. Apply for the Certificate of Women's Health (CWH) with an approved supervisor through your current hospital

Go to the <u>RANZCOG website for more information</u>





### Application Timeline 2023







Jackel Many