

Prevocational Obstetrics &
Gynaecology Society of
Queensland

PHO/RMO HANDBOOK

Two-thousand twenty-three



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PVOGS QUEENSLAND

The Pre-Vocational Obstetrics & Gynaecology Society of Australia and New Zealand (PVOGS ANZ) is an organisation that is dedicated to supporting and providing opportunities for junior doctors and medical students with an interest in obstetrics, gynaecology and women's health. In Queensland, PVOGS QLD aims to support junior doctors and medical students across the state to pursue women's health careers through educational resources, conferences, networking events, workshops and advocacy.

PVOGS is supported and affiliated with The Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG).



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Excellence in Women's Health

About This Handbook

This handbook was collated by a group of junior doctors and medical students from PVOGS QLD's Executive and Council team to assist those who, like us, are passionate about O&G and may be aiming to apply for the RANZCOG training program or the DRANZCOG Diploma.

Clinical experience in O&G is vital for those wishing to apply for the RANZCOG training program. The current RANZCOG CV scoring guideline allocates 3 points per 6-month block, to a maximum of 12 points.

The Resident Medical Officer Campaign in Queensland can be a complicated process, so we have produced this handbook as a practical, unofficial guide to RMO/PHO O&G positions available in hospitals across Queensland.

The information in this handbook has been sourced by the PVOGS QLD Executive and Council team members with the help of hospital administrative and recruitment departments. It is important to know that this is not an official Queensland Health guide, nor is it an official RANZCOG guide. Though we endeavour to collate the most up-to-date information, recruitment is a dynamic process that is subject to change at a hospital's discretion. Our handbook is not an exhaustive list of the opportunities available in Queensland, however, it hopes to serve as a starting point to give prospective applicants an idea of what hospitals offer across the state.

We encourage you to contact hospitals directly if you have further questions or require clarification on the positions they offer. We hope that you will find this a useful resource when applying for upcoming RMO and PHO positions.

Best of luck with your applications in 2023

Our Contributors

A huge thank you to the Queensland Health doctors and administrative staff as well as the PVOGS Executive and Council members who have contributed to the development of this handbook.

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RMO Campaign and Application Process

Queensland Health RMO Campaign

The RMO and Registrar campaign is just around the corner. Before long we will all be making decisions about career next steps. Here are some important RMO campaign dates to mark in your calendars

RMO CAMPAIGN APPLICATIONS

5 June 2023 - 3 July 2023

PRINCIPLE HOUSE OFFICERS

ASSESSMENT PERIOD

10 July 2023 - 28 July 2023
Assessment and interview
period for trainees, registrars
and principle house officer

REFEREE REPORTS DEADLINE

9 July 2023

CANDIDATE SELECTION PERIOD

31 Jul 2023-30 Aug 2023

SENIOR AND JUNIOR HOUSE OFFICERS

ASSESSMENT PERIOD

6 Sept 2023 - 22 Sept 2023
Assessment and interview
period for senior and junior
house officers

REFEREE REPORTS DEADLINE

27 Aug 2023

CANDIDATE SELECTION PERIOD

25 Sept 2023-18 Oct 2023

*Dates listed above have been taken from the QH RMO campaign website and are subject to change at their discretion. Visit health.qld.gov.au for most up to date information and dates.

Prepare Your Application

There are three main components for the RMO application campaign:
Your CV, your interview and your referees.

CURRICULUM VITAE

- Use your CVs front page to draw a prospective employer in and make yourself memorable.
- Tailor your CV to the role you're applying for and the application guidelines they've provided.
- Talk about yourself and your accomplishments. This is one of the main ways to distinguish yourself and your experiences.
- Spelling and grammar matters!

INTERVIEWS

- Make sure you know the requirements and expectations of the position you're applying for.
- Research the hospital you're interested in.
- Practice your interviewing skills and think of answers to questions you are likely to be asked.
- Asking questions during your interview is a good way to show knowledge and engagement.

REFEREES

- Select your referees carefully. Ensure they have observed you in a clinical capacity.
- Make sure your referees know and can stick to the referee deadline.

Application Checklist

The RMO campaign rolls around too quickly every year it seems and there's always an endless number of things to do before you submit that application. We've put together a checklist to help you on your way.

Consider your options

The application process can be very overwhelming and choosing which hospital or position to apply for is difficult. Take the time to think about your options and weigh the pros and cons.

Research Hospitals

Get to know what positions and opportunities hospitals are offering and tailor your CV and covering letter to the positions you're interested in. This guide is a good place to start.

Gather your documents

The RMO campaign requires a number of documentation for eligibility.

Get your documents certified

Some documentation, including identification documents and diplomas, need to be certified by a Justice of the Peace before submitting them to your application.

Update your resume

Remember to add any new experiences, courses and accomplishments you've acquired over the last year to your CV, particularly those that are relevant to O&G.

Get in touch with referees

Make sure you notify your referees in advance to give them enough time to provide you with a reference.

Prepare for your interviews

Interviews are not easy and having to go through a number of them for several hospitals can be exhausting. Be sure to practice interview skills and consider what typical questions you may be asked.

Reach out to the department

If you're interested in a particular hospital, you should reach out. Get in touch with their O&G department and send your CV and covering letter. Some hospitals provide resources or virtual information sessions for prospective applicants.



QUEENSLAND HOSPITALS

SUMMARY OF QUEENSLAND HOSPITALS

ROYAL BRISBANE HOSPITAL	SHO Positions 4 6 month dedicated positions 12-month dedicated positions	RG Positions NO	Applications • RMO CAMPAIGN • PHO POSITIONS ALREADY ADVERTISED • FORMAL INTERVIEW PROCESS	CWH/DRANZCOG YES
CABOOLTURE HOSPITAL	SHO Positions 4 6 month dedicated positions 12-month dedicated positions	RG Positions NO	Applications • RMO CAMPAIGN • FORMAL INTERVIEW PROCESS	CWH/DRANZCOG YES
REDCLIFFE HOSPITAL*	SHO Positions 1 12-month dedicated positions	RG Positions NO	Applications • RMO CAMPAIGN • FORMAL INTERVIEW PROCESS	CWH/DRANZCOG YES
IPSWICH HOSPITAL	SHO Positions 2 6 month dedicated positions	RG Positions YES	Applications • RMO CAMPAIGN • FORMAL INTERVIEW PROCESS	CWH/DRANZCOG YES
LOGAN HOSPITAL	SHO Positions 5 6 month dedicated positions	RG Positions NO	Applications • RMO CAMPAIGN • FORMAL INTERVIEW PROCESS	CWH/DRANZCOG YES
MATER HOSPITAL	SHO Positions 4 12 month dedicated positions	RG Positions NO	Applications • RMO CAMPAIGN • FORMAL INTERVIEW PROCESS	CWH/DRANZCOG YES

*Hospitals marked by an asterisk have not disclosed updated information for the 2023 RMO Campaign. Information published for these hospitals in this handbook is based on 2022 data. Should you require more information on these hospitals, we recommend you reach out to them directly

SUMMARY OF QUEENSLAND HOSPITALS

REDLAND HOSPITAL	SHO Positions 2	RG Positions YES	Applications • RMO CAMPAIGN • FORMAL INTERVIEW PROCESS	CWH/DRANZCOG YES
GREENSLOPES HOSPITAL*	SHO Positions -	RG Positions NO	Applications • RMO CAMPAIGN	CWH/DRANZCOG YES
GOLD COAST HOSPITAL	SHO Positions 12 <small>6 month dedicated positions</small>	RG Positions NO	Applications • EXPRESSIONS OF INTEREST WELCOME • RMO CAMPAIGN • FORMAL INTERVIEW PROCESS	CWH/DRANZCOG YES
TOOWOOMBA HOSPITAL	SHO Positions 2 <small>12 month dedicated positions</small>	RG Positions YES	Applications • RMO CAMPAIGN • FORMAL INTERVIEW PROCESS	CWH/DRANZCOG YES
SUNSHINE COAST HOSPITAL	SHO Positions 4 <small>6 month dedicated positions</small>	RG Positions YES	Applications • EXPRESSIONS OF INTEREST WELCOME • RMO CAMPAIGN • FORMAL INTERVIEW PROCESS	CWH/DRANZCOG YES
HERVEY BAY HOSPITAL	SHO Positions -	RG Positions YES	Applications • RMO CAMPAIGN • SMARTJOBS.QLD.GOV.AU • FORMAL INTERVIEW PROCESS	CWH/DRANZCOG YES

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SUMMARY OF QUEENSLAND HOSPITALS

Hospital	SHO Positions	RG Positions	Applications	CWH/DRANZCOG
BUNDABERG HOSPITAL	2 6 month dedicated positions	YES	<ul style="list-style-type: none"> • EXPRESSIONS OF INTEREST WELCOME • RMO CAMPAIGN • FORMAL INTERVIEW PROCESS 	YES
ROCKHAMPTON HOSPITAL	-	YES	<ul style="list-style-type: none"> • RMO CAMPAIGN • FORMAL INTERVIEW PROCESS 	YES
MACKAY HOSPITAL	2 6 month dedicated positions	YES	<ul style="list-style-type: none"> • RMO CAMPAIGN • FORMAL INTERVIEW PROCESS 	YES
TOWNSVILLE HOSPITAL	4 6 month dedicated positions	YES	<ul style="list-style-type: none"> • EXPRESSIONS OF INTEREST WELCOME • RMO CAMPAIGN • FORMAL INTERVIEW PROCESS 	YES
CAIRNS HOSPITAL	-	NO	<ul style="list-style-type: none"> • EXPRESSIONS OF INTEREST WELCOME • RMO CAMPAIGN • FORMAL INTERVIEW PROCESS 	YES
MOUNT ISA HOSPITAL	-	NO	<ul style="list-style-type: none"> • EXPRESSIONS OF INTEREST WELCOME • RMO CAMPAIGN • FORMAL INTERVIEW PROCESS 	NO

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Royal Brisbane and Women's Hospital

AVAILABLE POSITIONS

- 6** RMO positions (rotational)
- 4** SHO positions (Two dedicated 6-month lines, two dedicated 12-month lines)
- 4** PHO positions
- 5** Registrar positions*

PERKS

- RBWH is one of the biggest tertiary maternity hospitals in Australia.
- Junior Doctors at RBWH have a unique opportunity to see and treat interesting and rare obstetric pathologies.
- RBWH has one of the few maternal foetal medicine departments in Queensland.

*Registrar numbers for Royal Brisbane and Women's Hospital are based on 2022 data. Number may change for the 2023 candidate intake.

As the largest hospital in Queensland, Royal Brisbane and Women's Hospital offers unique opportunities to see and treat interesting gynaecological and obstetric pathologies. Junior doctors at RBWH are exposed to many O&G subspecialties including maternal foetal medicine and gynaecological oncology.

Rotational and dedicated RMOs are allocated to all obstetric services, including birth suite. Junior doctors are encouraged to complete a RANZCOG certificate or diploma.

PHOs work on the registrar roster and they cover all obstetric and gynaecology services. They are not allocated to elective gynaecology theatres

Applying to Royal Brisbane

- Interview performance is highly valued at RBWH.
- PHO positions at RBWH have already been advertised. Check them out and apply!
- Strong emphasis is allocated to candidates who work well independently within their scope of practice.

Caboolture Hospital

Residents at Caboolture hospital are encouraged to take on clinical responsibilities on the wards within their scope of practice. Both 6-month and 12-month SHO positions are available at Caboolture hospital and SHOs are involved in all aspects of the O&G department's services including maternity wards, clinics and theatres.

PHOs provide acute obstetric care and are expected to participate in the management of common obstetric emergencies. PHOs can develop their surgical skills through weekly caesarian lists.

Caboolture's O&G department highly values education and professional development.

Applying to Caboolture Hospital

- Sound clinical knowledge and skills are highly regarded.
- Engagement in professional improvement, medical education and activities are valued by Caboolture's O&G team.

AVAILABLE POSITIONS

- 2** RMO positions (rotational)
- 4** SHO positions (Both 6-month & 12-month dedicated lines available)
- 2** PHO positions
- 5** Registrar positions

PERKS

- Caboolture offers formal protected education for junior doctors
- FSEP and MEP training workshops are offered throughout the year.
- RMOs and PHOs are encouraged to participate in clinical meetings.

Redcliffe Hospital

AVAILABLE POSITIONS

- 3** RMO positions
(rotational)
- 1** SHO positions
(dedicated 12-month line)
- 2** PHO positions
- 6** Registrar positions

PERKS

- Residents at Redcliffe hospital are not rostered onto night shifts.
- SHOs are rostered onto elective caesarian lists once a month.
- PHOs are not rostered onto night shifts until they have acquired the necessary skills.

Redcliffe hospital RMOs support senior clinical staff with responsibilities in all obstetric services including clinics, theatres and maternity units.

The dedicated SHO at Redcliffe will benefit from 12 months of O&G experience and is generally empowered to develop various obstetric skills and complete a RANZCOG certificate and/or diploma if they choose.

Redcliffe Hospital's PHOs are well supported by senior clinical staff. They are responsible for managing acute obstetric presentations.

Applying to Redcliffe Hospital

- Redcliffe highly favours candidates who take initiative and are eager to acquire new skills.
- Previous obstetric experience is recommended.

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Ipswich Hospital

At Ipswich hospital, RMOs and SHOs have the opportunity to work in MDAU, birth suite, theatres and clinics. They are able to build on a variety of skills including antenatal care, ultrasound technique, perineal suturing and caesarian sections.

PHOs are quickly up-skilled to learn to manage instrumental births, obstetric emergencies and perform caesarian sections (assisted). Ipswich PHOs are first on call for birth suite, ED, and MDAU. They can also be rostered onto after hours shifts with a resident. Though this is an added challenge to the position, PHOs are very well supported by senior clinical staff.

Applying to Ipswich hospital

- PHOs are selected via an interview process.
- If you're interested in Ipswich, get in touch with them and request their orientation manual.
- Join their Zoom information session!

AVAILABLE POSITIONS

- 4** RMO positions (rotational)
- 2** SHO positions (dedicated 6 month line)
- 9** PHO positions (including 1 rural generalist trainee)
- 5** Registrar positions

PERKS

- Trainee Program Interview practice with regular consultant involvement.
- Weekly education sessions.
- Opportunities to present at M&Ms
- Research opportunities for RMO and PHOs.
- Ipswich PHOs are up-skilled relatively quickly with a lot of support and guidance.

Logan Hospital

AVAILABLE POSITIONS

- 5** RMO positions (rotational)
- 5** SHO positions (dedicated 6 month line)
- 14** PHO positions (including 2 rural generalist trainees)
- 5** Registrar positions

PERKS

- Logan hospital has a very interesting and clinically challenging patient population.
- Interested junior doctors are supported to complete RANZCOG certificate or diploma.
- Logan hospital offers regular Friday education and many courses and workshops throughout the year.

Logan Hospital's O&G Department is dedicated to supporting junior doctors in their training. PHOs, SHOs, and RMOs are allocated to all obstetric and gynaecology services including theatre, clinics, wards and birth suite.

Junior doctors at Logan hospital have the opportunity to engage with a unique and clinically challenging patient population. They will also have the opportunity to assist in the identification and management of various obstetric emergencies.

The number of positions available at Logan hospital varies from year to year and are subject to change.

Applying to Logan hospital

- Logan hospital values engagement in research and audits.
- Prospective applicants are encouraged to apply through the RMO campaign
- Join their Zoom information session!

Redland Hospital

AVAILABLE POSITIONS

- 1 RMO positions (rotational)
- 2 SHO positions (dedicated 12-month line)
- 6 PHO positions (including 2 rural generalist trainees)
- 4 Registrar positions

PERKS

- Redland is a small generalist hospital that offers unique opportunities to see and manage high acuity patients.
- The O&G department at Redland is well staffed with a kind and approachable team.

SHOs benefit from a wide scope of practice in all O&G department services at Redland including theatres, clinics, maternity wards and more. SHOs are rostered onto afterhours shifts - one weekend and one week of evenings a month.

Redland PHOs manage obstetric emergencies and support junior doctors on the wards. As they acquire more experience and confidence, PHOs can be rostered onto night and weekend shifts.

Redland hospital is known for its friendly and supportive culture. The senior clinician and midwifery teams support junior doctors in their training and in acquiring new skills.

Applying to Redland hospital

- Proactive and engaged candidates are highly regarded at Redland Hospital.
- Previous experience in O&G is preferred.

Mater Mother's Hospital

At Mater Mother's Hospital, RMOs and SHOs are assigned their own patient lists in antenatal clinics. SHOs also rotate through birthsuite, postnatal wards, theatre and night shift.

PHOs at Mater Hospital are on the registrar roster. They are allocated to three months of obstetrics skills rotations and six months of afterhours shifts.

Research is highly valued at Mater Mothers' Hospital. All junior doctors and trainees are expected to participate in at least one audit annually. Mater has a research program that assigns junior doctors to a senior clinician as a research mentor.

Applying to Mater hospital

- Commitment to Mater values is expected of their training doctors.
- Previous clinical experience is highly regarded.
- RMOs and PHOs are rostered to afterhours shifts.

*PHO & Registrar numbers for Mater Hospital are based on 2022 data. Numbers may change for the 2023 candidate intake.

AVAILABLE POSITIONS

- 7 RMO positions (rotational)
- 4 SHO positions (dedicated 12 month line)
- 9 PHO positions*
- 5 Registrar positions*

PERKS

- Mater offers opportunities to fly out with RFDS to Western Queensland as part of the flying obstetrician gynaecologist program.
- One-on-one directed PHO interview preparation sessions for RANZCOG trainee applications.
- Mater has a research made easy program with allocated research mentors for junior doctors.

Greenslopes Hospital

Though Greenslopes Hospital does not have O&G RMOs at its main site, the hospital works closely with regional and rural public hospitals to provide junior doctors with valuable rural experience. One RMO per term has the opportunity to complete a rotation in Kingaroy Hospital's O&G department.

This offers junior doctors with a unique opportunity to witness and participate in the delivery of obstetric care in a regional service centre.

Greenslopes Hospital allows for RMOs to complete their Certificate of Women's Health while rotating through Kingaroy Hospital's O&G department.

Applying to Greenslopes hospital

- All Greenslopes O&G opportunities occur offsite.
- Greenslopes Hospital does not require specific O&G experience for prospective applicants.

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AVAILABLE POSITIONS

- 1 RMO positions (rotational)
- SHO positions
- PHO positions
- Registrar positions

PERKS

- Greenslopes offers a unique opportunity to work in a regional obstetrics department.
- Working in a rural setting gives junior doctors the opportunity to work one-on-one with obstetric and gynaecology specialists.

Gold Coast University Hospital

AVAILABLE POSITIONS

- 4** RMO positions (rotational)
- 12** SHO/JHO positions (dedicated 6 month line)
- 7** PHO positions
- 6** Registrar positions

PERKS

- Gold Coast hospital has an acute gynaecology unit and provides exposure to gynaecological oncology and urogynaecology.
- Opportunities to acquire skills in multiple sites including GCUH, Robina and Varsity lakes.

Gold Coast Hospital offers experience and training across 3 sites including GCUH, Robina and Varsity Lakes. There are many opportunities to participate in clinics and assist in obstetric and gynaecology theatre cases. Junior doctors also get exposure to a number of subspecialty teams including gynaecological oncology and maternal foetal medicine.

GCUH PHOs are well supported by senior registrars and consultants. They are empowered to develop various surgical and clinical skills. PHOs are rostered onto afterhours and night shifts.

Applying to Gold Coast Hospital

- PHOs and RMOs are selected based on experience. Previous research experience is recommended.
- If you're interested in Gold Coast, send a CV and cover letter to ObsgynaeGCH@health.qld.gov.au

Toowoomba Hospital

Toowoomba Hospital PHOs are primarily responsible for managing clinics, theatre and birth suite. PHOs are well supported in their learning and skills acquisition. PHOs are eventually rostered onto night shifts in later terms.

Dedicated SHOs at Toowoomba Hospital manage the maternity assessment and triage unit. They are also rostered to early pregnancy assessment clinics and on-call shifts to assist the on-call registrar. Occasionally, SHOs can be rostered to night shifts.

Rotational RMOs at Toowoomba hospital are allocated to postnatal checks, clinic, theatre and ward rounds.

Applying to Toowoomba hospital

- Toowoomba highly regards local experience for candidate selection.
- Prospective candidates are encouraged to apply through the RMO campaign for both RMO/SHO and PHO positions.

AVAILABLE POSITIONS

- 6** RMO positions
(rotational)
- 2** SHO positions
(dedicated 12 month line)
- 5** PHO positions
(including 2 rural generalist trainees)
- 3** Registrar positions

PERKS

- RMOs and PHOs can benefit from weekly teaching and regular education.
- PHOs are well supported and can be rostered onto nights once they've acquired the necessary experience.
- Rotational RMOs aren't rostered onto nights.

Sunshine Coast University Hospital

AVAILABLE POSITIONS

- 3** RMO positions (rotational)
- 4** SHO positions (dedicated 6 month line)
- 4** PHO positions (including rural generalist trainee)
- 8** Registrar positions

PERKS

- RMOs are supported in taking on PHO roles within their scope of practice.
- PHOs are regularly rostered to caesarian lists.
- Junior doctors are supported to pursue audits and/or research projects.
- SCUH PHOs are provided with RANZCOG application preparation.

Sunshine Coast University Hospital residents are assigned to various obstetric and gynaecology services including clinics, MDAU, evening and nights shifts. Rural opportunities are available for RMOs.

PHOs are well supported to manage obstetric emergencies on the wards and in birth suite. They have the opportunity to build on a number of clinical and theatre skills. Afterhours shifts are covered by a single PHO or Registrar, but are very well supported by on-call specialists.

Both RMOs and PHOs will benefit from a very supportive senior clinical staff across multiple obstetric and gynaecological services.

Applying to Sunshine Coast University hospital

- Prior participation in research and audits is highly regarded at Sunshine Coast University Hospital.
- Sunny Coast welcomes emails and/or informal meetings prior to applications!

Hervey Bay Hospital

Hervey Bay Hospital RMOs are tasked with supporting senior clinicians in the provision of obstetric & gynaecological care. RMOs are encouraged and supported to develop their decision making and clinical skills within their scope of practice and appropriate support.

Hervey Bay doesn't have a dedicated SHO position yet but they are a growing health service and have been working diligently to secure such a position in the coming year or so. As a prospective applicant, you could be the first!

PHOs are upskilled to manage acute obstetric presentations on the wards and in birth suite. PHOs quickly improve their skills and experiences within the health service.

Applying to Hervey Bay hospital

- Hervey Bay prioritises applicants with sound theoretical knowledge and practical skills, particularly in O&G.
- Great communication - verbal and written - is highly regarded.

AVAILABLE POSITIONS

1 RMO positions
(rotational)

1 SHO positions

6 PHO positions

3 Registrar positions
(including 1 rural generalist trainee)

PERKS

- Hervey Bay offers a number of educational activities and professional development courses including FSEP CTG training.
- RMOs and PHOs at Hervey Bay have the opportunity to work in a growing health service.
- Hervey Bay offers formal orientation programs for RMOs and PHOs/Registrars.

Bundaberg Hospital

AVAILABLE POSITIONS

- 2** RMO positions (rotational)
- 2** SHO positions (dedicated 6 month line)
- 5** PHO positions (including 1 rural generalist trainee)
- 2** Registrar positions

PERKS

- Bundy Hospital is happy for prospective candidates to reach out and get in touch.
- Dedicated RMOs are rostered onto birth suite and theatre.
- DRANZCOG can be facilitated as a dedicated 6-month RMO.
- Bundaberg Hospital offers a well supported obstetric unit.

Bundaberg is a regional hospital that sees a variety of antenatal and gynecology presentations. RMOs are primarily allocated to wards and clinic and they support the on call PHO in the management of acute obstetric presentations. 6-month RMOs are also allocated to theatre lists and birthsuite. When on-call, Bundaberg hospital PHOs are expected to manage obstetric as well as emergency gynaecology presentations. PHOs are well supported and supervised by O&G consultants. Theatre lists include caesarean sections and general gynaecology procedures. They are allocated depending on the PHOs skill level.

Applying to Bundaberg Hospital

- PHOs and dedicated SHOs are selected via an interview process.
- Prospective candidates are encouraged to reach out to Bundaberg Hospital's obstetric department.

Mackay Hospital

RMOs at Mackay Hospital have supervised exposure to antenatal, gynaecology, family planning and early pregnancy care clinic. They will also assist in managing acute pregnancy conditions through the Maternity Assessment Unit service. RMOs will also have exposure to caesarean lists and access to ultrasound scanning. RMOs are not rostered to night shifts.

Mackay PHOs are the first point of contact for all acute obstetrics, labour, and gynaecology presentations. PHOs also share theatre lists with training registrars. They are also encouraged to help coordinate and present at education sessions, M&M meetings and Grand Rounds.

Applying to Mackay hospital

- RMOs are expected to apply through the RMO campaign, but PHO candidates can apply at anytime.

AVAILABLE POSITIONS

- 5** RMO positions (rotational)
- 2** SHO positions (dedicated 6 month line)
- 4** PHO positions
- 6** Registrar positions (4 dedicated DRANZCOG positions)

PERKS

- Audit and research opportunities are available to junior doctors
- Opportunities to attend family planning clinics.
- PHOs can attend outreach clinics in Proserpine every month.
- Regular departmental education activities.

Rockhampton Hospital

AVAILABLE POSITIONS

- 3** RMO positions (rotational)
- ~** SHO positions
- 4** PHO positions
- 5** Registrar positions

PERKS

- Application through the RMO campaign is preferred however, applicants can be considered outside of the campaign.
- Rockhampton encourages teaching, education and professional development.

RMOs at Rockhampton Hospital are essential in the care and management of the maternity ward and birth suite. Interns and RMOs are expected to participate in antenatal or gynaecology clinics where possible. RMOs are encouraged to engage in education and skill development. RMOs can be rostered onto nights (on call).

Rockhampton PHOs are involved in all services offered by the department of obstetrics and gynaecology including, outpatient clinics, caesarean lists, labour ward, and ED consults. PHOs (and registrars) are rostered onto afterhours and night shifts with the support of a experienced consultant.

All PHOs are expected to participate in audits, research and education throughout the year.

Applying to Rockhampton hospital

- Prior O&G, particularly labour ward experience is highly regarded at Rockhampton Hospital.

Townsville University Hospital

Townsville Hospital highly values residents and they are fully integrated in patient care across all departmental roles. Residents and interns are primarily allocated to early pregnancy assessment clinics, antenatal day assessment clinics, postnatal checks, theatres and birth suites. RMOs are also rostered onto night shift.

PHOs are well-supported and encouraged to work independently within their scope of practice. PHOs are allocated to clinic, birth suite and theatres. They are also encouraged to provide education and support to junior doctors.

Townsville's O&G department values education and provides various courses and education sessions throughout the year.

Applying to Townsville hospital

- Townsville Hospital highly regards local experience.
- Prior experience and knowledge in women's health is an asset for prospective applicants.
- RMOs and PHOs are well supported in completing RANZCOG diplomas.

*PHO numbers for Townsville University Hospital are based on 2022 data. PHO numbers for 2023 remain unconfirmed at time of publication.

AVAILABLE POSITIONS

6 RMO positions
(rotational)

4 SHO positions
(dedicated 6 month line)

4 PHO positions*

11 Registrar positions

PERKS

- Townsville's obstetrics department offers various courses and education programs including PROMPT, Basic Obstetric Skills, Perineal Repair Workshops and more.
- Townsville is a tertiary hospital and offers subspecialty experience including maternal foetal medicine.

Cairns Hospital

AVAILABLE POSITIONS

4 RMO positions
(rotational)

~ SHO positions

6 PHO positions
(including 2 rural generalist trainees)

6 Registrar positions

PERKS

- Cairns Hospital has an exceptionally unique case mix and unique rural opportunities.
- Junior doctors have opportunities to be involved with specialist outreach services.
- Cairns Hospital offers education throughout the year.

Cairns Hospital offers unique clinical experiences to its junior doctors and trainees. Cairns Hospital's Obstetrics Department is a service centre for a large region in Far North Queensland from Tully to the South (including Cape York) and extends to Torres Strait to the North.

RMOs support senior staff across many services including clinics, maternity wards and theatres.

PHOs are trained to manage obstetric emergencies independently. They are rostered onto nights with senior registrar to build on their experience. Cairns hospital trains PHOs to be proficient, independent and able to practice in rural and remote settings.

Applying to Cairns hospital

- If you're interested in a career at Cairns Hospital, submit your interest along with your CV and covering letter to Cairns Clinical Director of Obstetrics and Gynaecology.
- Prior resident experience in O&G is essential for prospective PHO candidates.

Mount Isa Hospital

Mount Isa Hospital delivers a wide ranging services to approximately 32, 000 people across North West Queensland.

Interns and RMOs support senior clinicians in all departmental services including maternity units, birthing suites and antenatal clinics.

PHOs at Mount Isa Hospital have a unique opportunity to quickly develop clinical and surgical skills in a supportive environment. PHOs have the opportunity to take on senior responsibilities within their scope of practice.

Mount Isa Hospital prioritises education and skills development for their junior doctors. They offer a number of courses throughout the year including the Imminent Birthing Program.

Applying to Mount Isa hospital

- Mount Isa Hospital welcomes expressions of interest and requests for further information on career opportunities.
- Interested applicants are encouraged to submit a CV and covering letter for consideration.

*Numbers for Mount Isa Hospital are based on 2022 data. 2023 Data and position numbers remain unconfirmed.

AVAILABLE POSITIONS

- 1 RMO positions**
(rotational)
 - SHO positions
- 2 PHO positions**
(including rural generalist trainee positions)
 - Registrar positions

PERKS

- Opportunity to work in a growing health service and provide care to a unique population in a remote/rural obstetrics department.
- Mount Isa hospital is part of a very supportive health service that offers junior doctors with many amenities and support services.

HOSPITAL CONTACTS

Royal Brisbane and Women's Hospital

Petrina Duncan [SHO positions/diploma]
Karen Baker [PHO positions]
3646 8111 via switch

Caboolture Hospital

Sally-Ann Miller
Executive Support Officer for O&G
CabH_SupportOfficerObsGynae@health.qld.gov.au

Redcliffe Hospital

3883 7777 via switch

Ipswich Hospital

Dr. Mayooran Veerasingham
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Logan Hospital

Medical Workforce/Obstetric
Department
LBMedicalworkforce@health.qld.gov.au
3299 8899

Mater Mother's Hospital

Talent Acquisition
medicalmorecruitment@mater.org.au
07 3163 8172

Redland Hospital

Medical Workforce Unit
BaysideMedicalWorkforce@health.qld.gov.au

Greenslopes Hospital

Greenslopes medical services
3394 7819

Gold Coast University Hospital

Stacy Chan, O&G Clinical Support
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Toowoomba Hospital

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HOSPITAL CONTACTS

Sunshine Coast Hospital

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O&G Executive Support Officer (ESO)
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07 5202 2933/07 5202 3230

Hervey Bay Hospital

Sabaratnam Ganeshanathan
Director of O&G Hervey Bay
FC-ESO-O&G-
Paediatrics@health.qld.gov.au
07 4325 6075

Bundaberg Hospital

Kylie Edwards, Clinical Director of O&G
kylie.edwards@health.qld.gov.au
07 4150 2368

Rockhampton Hospital

Secretary Obs & Gynae
ObsandGynae@health.qld.gov.au

Mackay Hospital

Dr. Leigh Grant
leigh.grant@health.qld.gov.au
CDSO
MBH_OG_CDSO@health.qld.gov.au

Townsville University Hospital

O&G Executive Support Officer
HWBSG-Obsandgynae-ESO@health.qld.gov.au

Cairns Hospital

Dr. Samantha Scherman
O&G Clinical Director
samantha.scherman@health.qld.gov.au

Mount Isa Hospital

4744 4444 (via switch)



Professional Development and Training



Research

Research has become an important criterion for trainee positions in any specialty. Obstetrics & Gynaecology is no exception. Approved research activity accounts for a maximum of three (3) points when applying to the RANZCOG training pathway. Research experience is also highly regarded for prospective SHO and PHO candidates.

Interested junior doctors should seek out research opportunities in obstetrics and gynaecology throughout their prevocational years. Those who are interested in undertaking research should seek opportunities through Queensland Health Hospitals or affiliated research institutes and universities. The following research activities are generally available for junior doctors.

AUDIT

Short term quality improvement process aimed at evaluating and improving patient care outcomes and implementation of change.

CASE REPORT

Detailed report and exploration of a specific patient's clinical situation including diagnosis, management and follow-up.

WARD BASED RESEARCH

Systematic and rigorous clinical research. Can vary between systematic review to prospective clinical studies.

PROFESSIONAL DEVELOPMENT

Professional Development and training is an essential component of building skills and bolstering your CV. Though we may all be competent junior doctors, there are many skills and competencies we can acquire in our early postgraduate years. There are many courses out there, but some can be quite expensive. Here's a list of a few courses that are free or cost effective and may be offered by RANZCOG or your hospital's Obstetric and Gynaecology department.

Obstetrics Skills Day

Obstetrics Skills Day is a workshop dedicated to teaching common obstetrics skills to junior doctors. Skills days are generally offered by a hospital's Obstetrics Department and is based on RANZCOG's basic training requirement.

PROMPT

Practical Obstetric Multi-Professional Training (PROMPT) is a hands-on course that covers the management of various obstetric emergencies. This is an exceptional simulation based course that is offered by many QH hospitals.

Imminent Birth Education Program

The Imminent birth course is designed to upskill clinicians in rural and remote areas to provide effective obstetric care in a healthcare facility without designated maternity services.

FSEP

RANZCOG's Fetal Surveillance Education Program (FSEP) is a suite of educational resources designed to improve a junior clinician's understanding of the physiology of fetal heart rate control. FSEP offers face-to-face and online courses and sessions.

PROFESSIONAL DEVELOPMENT

PVOGS PERKS

PVOGS is dedicated to creating professional development opportunities for our members.

Every year we organise workshops, events, and clinical skills days for students and junior doctors. We encourage all interested junior doctors to participate in our workshops or volunteer in events that we run for medical students. These are a great way to get involved and look great on a CV!

Implanon Insertion Workshop

Get certified in Implanon insertion with PVOGS Queensland and TRUE. We run two workshops a year in South East and North Queensland. This certification also counts for CPD points!

Mock OSCE Volunteer

PVOGS Queensland partners with Uni O&G groups to run OSCE training sessions for clinical year medical students. If you're a junior doctor, get involved as a volunteer. It is an opportunity to take on a leadership and educator role.

RANZCOG Membership

PVOGS is supported and affiliated with The Royal Australian and New Zealand College of Obstetricians and Gynaecologists (RANZCOG). Thanks to this collaboration, all PVOGS members are eligible for complimentary RANZCOG membership and have access to a number of online courses and resources.

Certificate of Women's Health & DRANZCOG

RANZCOG offers three qualifications in women's health for prevocational doctors and general practitioners.

Certification of Women's Health (CWH)

The Certificate of Women's Health centres on office-based practice for junior doctors and GP trainees.

Diploma (DRANZCOG)

The diploma is designed to build skills that will allow a trained practitioner to safely undertake non-complex deliveries and perform gynaecological procedures.

Advanced Diploma (DRANZCOG Advanced)

With the advanced diploma, medical practitioners can further develop skills to undertake complex obstetric care and advanced gynaecological procedures.



Interested in applying? Find out more about the RANZCOG's women's health qualifications at ranzcof.edu.au

RANZCOG PREVOCATIONAL PATHWAY

The Prevocational Pathway (PVP) is a RANZCOG programme that provides prevocational doctors with opportunities to gain essential knowledge and experience in O&G. The prevocational pathway provides junior doctors with ongoing professional development opportunities and specific practical skills training and workshops.

For those prevocational doctors who plan to apply for the FRANCOG training pathway, the Prevocational Pathway counts for 6 points under the professional category in an applicant's CV.



Interested in applying? Find out more about the RANZCOG Prevocational Pathway at ranzcof.edu.au

RANZCOG TRAINEE SELECTION SCORING GUIDELINES

RANZCOG has a stringent selection process and eligibility is based on a points allocation system. In 2023, points are allocated according to the following sections.

Clinical Experience

RANZCOG awards up to 18 points towards clinical experience in O&G in Australia

- 0 points (less than 6 months)
- 3 points (6 or more months, but less than 12 months)
- 6 points (12 or more months, but less than 18 months)
- 9 points (18 or more months, but less than 24 months)
- 12 points (24 months or greater)

An additional 3 points can be accrued for rural clinical experience in O&G in Australia lasting at least 12 months. Up to 3 points can be allocated for O&G experience outside Australia.

Academic

RANZCOG awards up to 8 points for degrees and/or awards obtained during medical school.

Research

RANZCOG awards up to 3 points for research

- 3 points for PhD or equivalent doctorate degree
- Up to 2 points for 1st author publications in PubMed and or MedLine Journal (1 point per publication)
- Up to 2 points for poster and/or oral presentations at regional, National or International ASM as 1st author (0.5 points per presentation)



*Above information is based on RANZCOG Trainee CV/Application scoring guidelines 2023. RANZCOG's selection criteria can change regularly at their discretion. If you're interested in applying, please refer directly to RANZCOG guidelines and documentation.

RANZCOG TRAINEE SELECTION SCORING GUIDELINES

RANZCOG has a stringent selection process and eligibility is based on a points allocation system. In 2023, points are allocated according to the following sections.

Professional

RANZCOG awards up to 6 points for professional training.

- 6 points for successful completion of Pre-vocational Pathway.
- Up to 3 points is awarded for completion of professional development courses relevant to O&G.

Rurality & Indigenous Origin

RANZCOG awards up to 5 points in this category for rurality (country-based GP, regional/rural schooling) and for applicants Indigenous to Australia or New Zealand.

Outstanding Leadership and Altruism

RANZCOG awards up to 6 points for outstanding leadership. This can include:

- National or International Scholarships referencing national and international leadership qualities.
- National or State representation as part of a sporting team; orchestra; debating
- Member of International or National Committee related to health
- Iwi Tribe representative or governance role or contribution to the understanding of Mātauranga Māori.



*Above information is based on RANZCOG Trainee CV/Application scoring guidelines 2023. RANZCOG's selection criteria can change regularly at their discretion. If you're interested in applying, please refer directly to RANZCOG guidelines and documentation.



2023